

# THE PROCRASTINATOR

October 2018

The dankest thing you'll read today

[BHSProcrastinator.github.io](https://BHSProcrastinator.github.io)

Headline of the Day

## “If you die in the game, you die in real life”: 2nd Year Students Trapped in VRBR

*What began as an innovative pilot project for the Anatomy department has now become a VRBR-PR scandal. After launching their new Google cardboard-compatible Virtual Reality Battle Royale Bell-Ringer app for 2nd Year Anatomy students, the department has been bombarded with reports of students getting stuck in the simulation.*

Only one student has been able to escape thus far. The student reported logging onto the application for the first time and being welcomed by a deep voice, explaining that the only way to escape the simulation was by beating all 12 levels of the bell-ringers. Those who performed poorly on the simulation or forcibly removed their cardboard would suffer real-life deaths.

So far, this threat has only been exhibited through the cardboard exposing the students to atropine, leaving them in comas that will be sure to lead to many exciting academic papers. The phenomenon was unnoticed for some time as onlookers believed that going comatose was natural for students studying anatomy.

The TAs are “flabbergasted” at how no other students have been able to pass all 12 levels of the app yet, even with their lives on the line. Reportedly, most of them are failing at Lab 0: Safety and Respect; experts from the prestigious panel at Mac Confessions believe that this is due to the students’ natural habit of picking random answers “instead of just buckling down and going to watch the video.”

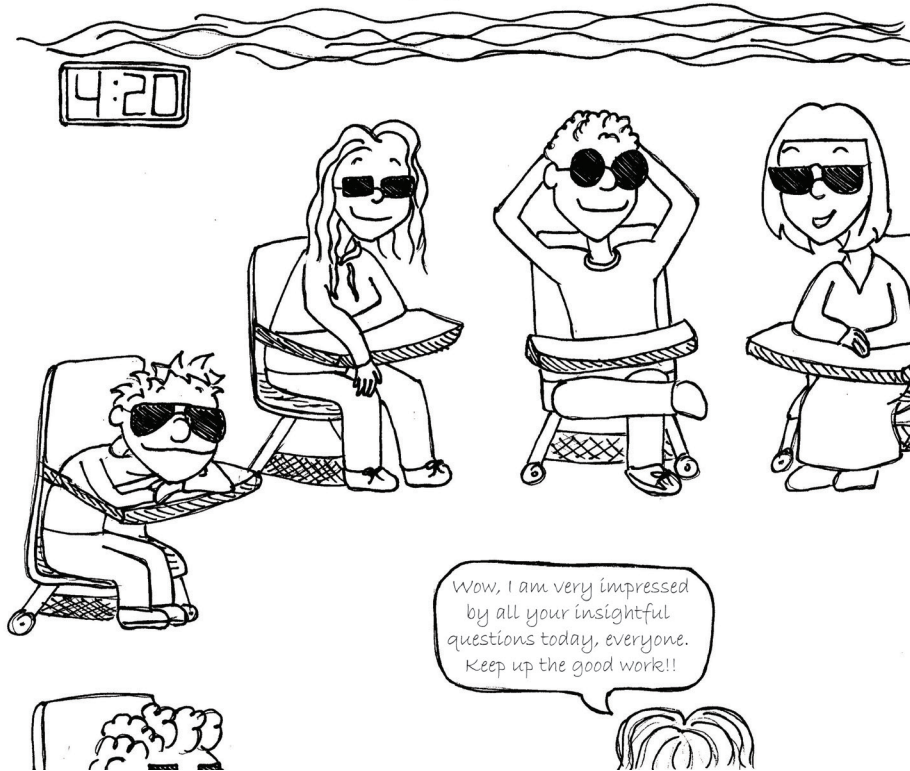
The majority of the cohort seems to have been unaffected, however; a recent poll has shown that most second years “never bothered to download that thing.” The few iBiomed students that did download the app were only able to escape using their engineering prowess.

Upon hearing the news, Dr. Mike Wong promptly returned from Wisconsin. The ex-Pokemon Master has since been seen around campus jumping for joy and screaming, “Sword Art Online! It’s finally happening!”

The department itself was unavailable for comment.

In other news, the lab has seen an uptick in cadavers.

October 17th, 2018: Meanwhile, in Inquiry...



This One's For You, Byron

## Inquiry Facilitators Deliberate Over Addition of 8th P: Pot

By The Artist Formerly Known as Spoop Lion

After introducing the 7th P only last month to the 1106 Inquiry course outline, Health Sciences inquiry facilitators have decided to add an 8th P, for "pot", in commemoration of the legalization of cannabis in Canada.

"It was always an honorary P," says inquiry core 420 peer tutor, Seth Rogani, "but now it's legal and we are accepting it with open arms."

Program Dean Dr. Liliane Wayne tells us, "We really want to raise the caliber of inquiry education here at McMaster, so as to really match the high flying natures of our students. The Bachelor of Health Sciences is blazing the pathway forward in problem based learning." Facilitators have been overwhelmed with the increased amount of class discussions, Wonderwall covers, and the amount of angsty reflection submissions (which have grown exponentially). In addition to a revised 8 Ps, the curriculum will now include mandatory snack breaks for students.

In other exciting news, as of the 17th of October, the biochemistry home base in the student lounge will be changing their password to 420.

Still Doesn't Explain the Smell

## Marijuana-Related Misdemeanours Continue as BHSc Stoners Hijack Lounge

By Cheech

Through a collaborative effort of the biggest, most chill stoners in Health Sci, BHSc students were able to hotbox the entirety of the BHSc lounge.

Our Procrastinator reporter at the scene was almost unable to enter the lounge due to the mob of pizza delivery people clogging the entrance. Fortunately, our reporter knew about the super secret second floor entrance and was able to gain access to the lounge. Our reporter got in touch with one of the students responsible for the amazing feat. Ismo Kawead, a fourth year student, detailed the work he had been putting in to make the "ultimate hotbox" possible, "Dude I've been like... ripping bong hits since like 4 am. I've been training ever since the Formal bathroom." It's estimated that the students collectively have smoked upwards of 500 grams of weed. When asked how they were able to afford it all, Kawead responded, "Dude I didn't pay for sh\*t. This is my 4X03 project, the office paid for it all. How sick is that?"

*Disclaimer: This article was originally slated for publication on Oct. 17, but upon exiting the BHSc Lounge our reporter was "incapacitated" for approximately a week.*

Take that, Krispy Kreme

## First Health Sci Baked Sale Causes a Scramble

By Chong

The necessity of Inquiry-based learning is now being debated due to reports of a rare phenomenon, HSL camaraderie, after a record-breaking brownie bake sale in the Health Sci Lounge. During what is being described as a momentous occasion in Canadian history, the BHSC (Bakers of Health Sciences Club) have made their own mark in cannabinoid history, right at the heart of HSC – home to McMaster's most cherished faculty. "When this club became ratified, I never thought we would make a difference anywhere besides on (rolling) paper," said the club's chair, Alice Toke. "But we managed to accomplish the impossible! For the first time in three years, I witnessed health scis relaxing with my bare eyes." Other students were also amazed at the stark changes in the hours following the BHSC bake sale. "I overheard some Health Science students discussing the deeper purpose of university, beyond taking bird courses," said a confused nursing student. "Did one of their mandatory courses not get curved?"

Reports of students laughing and becoming friends while working in HSL group study rooms have also set the BHSc office into a tailspin. "Now that students are able to set aside their egos and work as equals, what could we possibly teach them in Inquiry?" muttered a faculty member, as they pushed past Procrastinator reporters. Shortly after, the Faculty of Health Sciences announced a ban on bake sales in HSC.



**Check It Out!**

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☒ Wow your classmates!

☒ Get a 12! Guaranteed!

☒ Leave your facilitator speechless!

*Great for First Year Inquiry Classes*

**Kit comes complete with:**

- Strobe light
- 2 firecrackers
- 1 large inflatable Halloween decoration
- Silly string
- 2 mountain lion rental coupons

**And if all that fails, 12 new and improved conversation starters such as:**

"Is cereal a soup?"

"How are babies made?"

"Why?"

"Did anyone else do IB in high school?"

**AND MUCH MORE!**

First year vows to never drink again after House Crawl, spotted taking tequila shots at BHScary

Investigation reveals drastically increased BHSS funding being used to fill a vault so that Stacey Ritz can “Scrooge McDuck” dive into a pool of cash

Poll reveals most popular Health Sci Halloween costume remains sexy doctor for the tenth year running

Renovated BHSc Office shown to be front for Dr. Wainman’s bat cave

The Procrastinator has excluded a crossword from this issue due to a complaint from First Year Health Scis that the crosswords are too reminiscent of their Cell Bio mid term. Future crosswords are pending approval.



The Procrastinator and NOT the Meducator. 2018 Oct 25. Doi: 10.2174/1381612822666160813214023 [Epub ahead of print]

## PubMed Addiction Crisis Reported Amongst McMaster’s Health Sciences Students: A PubMed Article

Marley, Bob<sup>1</sup>

### ABSTRACT:

**Objective:** After complaints from several Health Science students about the bio-cogni-psycho-neurosocial implications of their daily PubMed usage, a plan of action committee organized by the McMaster Student Wellness Center conducted a study to further investigate this serious matter.

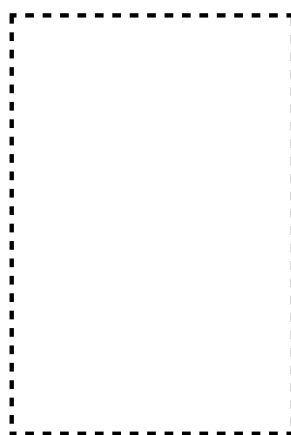
**Methods:** Qualitative survey data through in-student questionnaires were compiled and critically examined (n=400). Sensitivity analyses were performed on the PubMed usage on the HSL server from May to June 2017, reviewing over 3 billion searches.

**Results:** Daily, a typical BHSc student spends ~24.375 hours on research databases like PubMed, browsing through volumes of academic journals and reading an average of 420 articles daily, except on April 20th and Oct 17th, when the numbers halved (p<0.000001). Reportedly, students (n=35) have been fired after being caught browsing the database by their thesis supervisors while on break. In a protest, these supervisors claimed that this unnecessarily ambitious attitude was responsible for the creation of a toxic work environment, deeming PubMed usage Not Safe For Work (NSFW). Netflix revenues have declined by 98.6%; tutorials on boolean terms for search databases have been determined to be 38.6% more addictive than Season 3 of This is Us (Hyde et al.). Moreover, HABITS

professors documented in an end-of-month report that they were astonished to read PubMed-based reflections for the Recreation and Leisure segment of the course.

**Conclusions:** To help address this issue, McMaster’s firewall plans to flag PubMed as NSFW. Furthermore, the Faculty of Health Sciences plans to introduce a new course, called Critical Appraisal of Medical Literature, so that students can become more aware of this issue and publish ways to actively combat it.

## Free Joint Paper!



CUT HERE

\*Quality not assured

doi: 10.RG.2011.123151

The Procrastinator now assigning DOIs to full-length articles, fully usurps writing staff of the Meducator

Procrastinations are permanently digitally citable, with 420,420% more OMSAS value than Meducator articles

In an effort to improve the permanence of contributions to this venerable publication, Procrastinator staff have awoken from their summer slumber to literally make scholastically superior content to the Meducator’s “peer-reviewed” literature. DOIs (Digital Object Identifiers) are a permanent record of publication, and a sure-fire sign of scholarly excellence. It is an unassailable fact that DOIs fully legitimize the worth of our written materials in the eyes of Admissions Committees all over North America.

Health Sciences authors have expressed regret over submitting their work to the Meducator and other undergraduate Health Sciences journals that fail to provide records of publication, wishing that they had submitted to the Procrastinator instead, thereby improving readership and citability. “If only I had known how appreciative and helpful Procrastinator editorial staff are with new authors and manuscripts,” offers one anonymous author. “I hear the Procrastinator offers a 10-minute turnaround on manuscript decisions, and a 1017% acceptance rate.” Procrastinator staff are now accruing publications at the rate of approximately 3 per week. To cite this publication, please use Harvard format, since that’s where we’re all going.



## BHSc Students Launch Club Dedicated to Faking Club Activity

By Wiz Khalifa

*McMaster's first club solely dedicated to making other clubs seem authentic was founded this academic semester to nervous, yet excited, chatter among the greater BHSc community. The need for such a club had long existed within the faculty, with many suitably niche clubs started by excited BHSc students being relegated to irrelevance mere months after their inception, ruling them completely useless for OMSAS purposes.*

The "McMaster Family, Kindness, Integrity Proliferation and Cordiality Connection" allegedly aims to "develop a sense of wholesomeness and camaraderie throughout the BHSc and greater McMaster communities." Critics have stated that both the mission statement and name of the club are not much more than a garbled mess of buzzwords. In

Only A Matter of Time

response, club executives stated that shoving buzzwords into everything was "how they 12'd first year Inquiry, so it has to be a valid strategy." Conveniently, the fact that everyone got 12s in first year Inquiry was left out of their argument.

Valid or not, a reasonable boost in activity across niche BHSc-related academic clubs has been seen throughout this semester. "It's amazing!" says one club, Placeholder Name. "Who knew that so many students would be so interested in voracious and heated discussions concerning Placeholder Niche BHSc Interest Here?"

The Cordiality Connection has been approved by the BHSS for funding, but the MSU remains apprehensive, stating that they're "not sure if [we] want to support a club acronymized as the "MFKIN PACC."



"That was creepy. They ran short on cadavers, so we operated on the first year BHSc students."

## Revolutionary new flipped flipped classroom comes with big promises: Could this catapult McMaster to the top of the Maclean's rankings?

By Shaggy

*Last week, the Faculty of Health Sciences announced in a major press conference the beginnings of what is being termed the "flipped flipped classroom".*

The culmination of a years-long study into helping BHSc students learn what little they are expected to learn in their coursework, the faculty claims that the flipped flipped classroom will revolutionize BHSc education in a way not seen since the introduction of HABITS into the curriculum.

In the dense, 420-page report titled "Flipping Off The Flipped Classroom", the faculty cited numerous difficulties with the flipped classroom, among them the significant bandwidth strain on the HSL internet from everyone watching podcasts at 3x speed during the final examination periods.

Seeking to supplant the flipped classroom, the flipped flipped classroom would introduce such profound concepts as lectures held in person, rather than the arcane current standard of online modules. Students would be required to take notes and learn during class, and do homework at home - ideas contrary to the prevailing paradigm. The policy is expected to have far-reaching consequences for students, such as actually knowing what their professors' faces look like.

Students involved in the pilot of the program lamented that they could not make the professor speak at 1.5x, although hipsters enjoyed the #retro aesthetic of sitting in lecture halls. While overall student reactions were mixed, the official faculty statement read, "trust us. This report is the most expensive thing we've done since the BHSc Office renovations. We know what we're doing."

Now that you've taken a breather,

OUR EDITORS AND CONTRIBUTORS REMIND YOU TO

PLEASE  
GET BACK TO WORK

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